**Conduct Disorder - CD**

| **I can help myself by…** | **I can help others by..** | **Professionals to contact** |
| --- | --- | --- |
| Not applicable | Talking to a professional- family therapy | Psychiatrist |
| For Significant adults of new setting- giving more attention to good behaviours/strength, being positive and being clear and consistent with the rules and boundaries set. | Psychologist |
| Family therapist |